



TZ MEDICAL
MONITORING SOLUTIONS

TRIDENT® PRO MONITOR PATIENT GUIDE



- Skin Preparation
- Application and Connection
- Marking Events
- End of Study Directions
- Customer Support



tzmedical.com

PATIENT AND PROVIDER SUPPORT

Phone: 800.338.1109

Email: support@tzmonitoringsolutions.com

18903 R3.3

GETTING STARTED

Important Points to Remember

- If you have sensitive skin or concerns about reactions to medical-grade adhesive, please contact your healthcare professional for necessary steps to reduce the chance of irritation.
- Do not shower, bathe, or swim with the device connected. Disconnect the color-coded leads from the electrodes applied to your skin to remove the device before showering, bathing, or swimming. Ensure the electrodes are dry and fully adhered before reconnecting, and change electrodes as needed to ensure optimal signal quality.
- Do not use body powder, talcum, lotion, or other oils on the area of your chest where the electrodes will be applied. These substances interfere with the electrode's ability to adhere to the skin.
- Charge the device for up to 1 hour daily to ensure continual operation, and keep your device connected at all times while not showering, bathing, or swimming for continuous monitoring.
- If you experience severe chest pain or severe shortness of breath, contact your physician immediately or seek treatment at the nearest emergency facility.
- **WEAR TIME:** Your provided kit will include enough electrodes and skin prep supplies to complete your study. If additional supplies are required, contact patient support at 800-338-1109.
- **Any damage caused by abuse or neglect may result in a charge to repair or replace the monitor.**

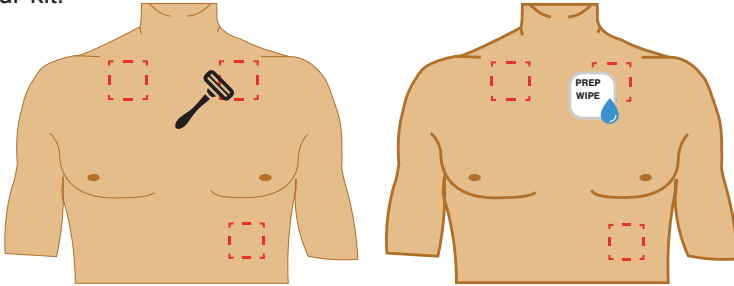


**SCAN THE
QR CODE TO
WATCH OUR
APPLICATION
VIDEO.**

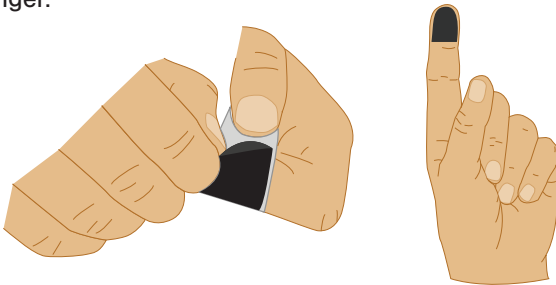


SKIN PREP INSTRUCTIONS

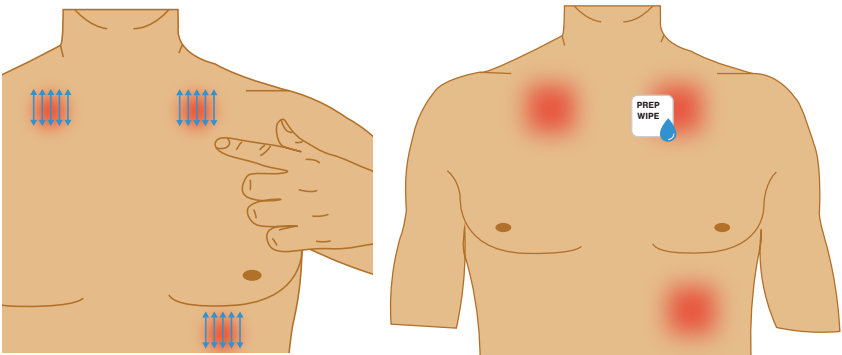
1. In the areas shown in the diagram below, remove any hair and thoroughly clean the skin using one of the provided alcohol wipes in your kit.



2. Once the area is dry, locate one of the provided abrasion pads and remove the release liner exposing the adhesive. Adhere the pad to your index finger.



3. Abrade the skin by applying pressure with your index finger and scrubbing the area up and down 5-6 times. Ensure to abrade all 3 areas where the electrodes will be placed.

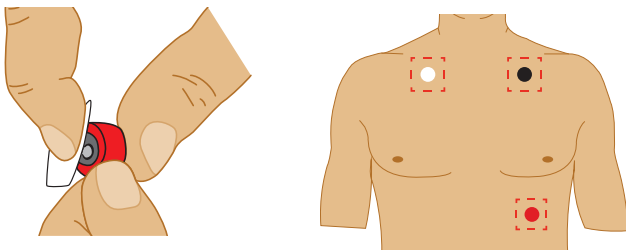


4. Clean each area again with a second alcohol wipe, and allow each site to dry for 1 minute before applying the electrodes.

BEGIN MONITORING

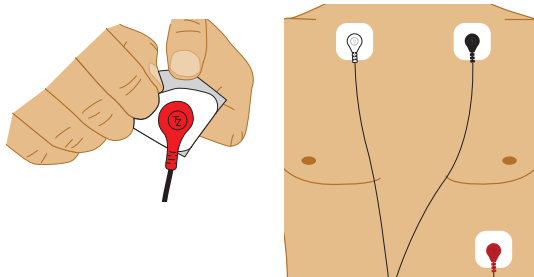
STARTING YOUR STUDY

1. Remove the leadset cable from the kit and open a pack of electrodes. Attach each lead to one electrode.

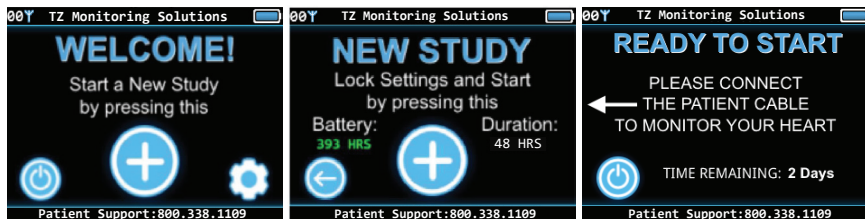


2. Peel the release liner to expose the adhesive, and apply each electrode to the cleaned and prepped sites indicated below. Electrodes should be changed every 2-3 days.

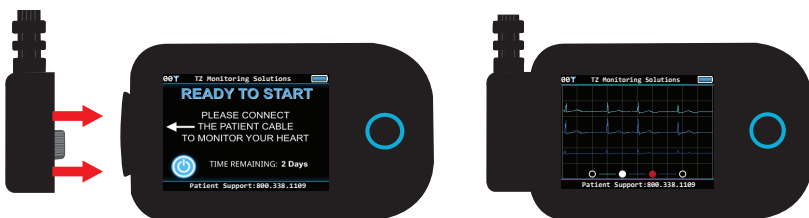
White = your right
Black = your left
Red = your left rib cage,
below the Black lead



3. Power on the device by pressing and holding the button beside the screen. Once on, tap the + button on the Welcome screen, then again from the New Study screen to ready the device for monitoring



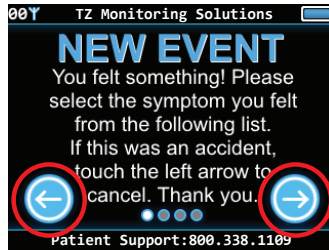
4. Firmly connect the cable to the device to begin monitoring. ECG will display briefly to verify signal quality before automatically cycling to the Monitoring screen.



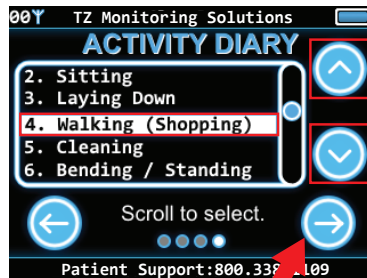
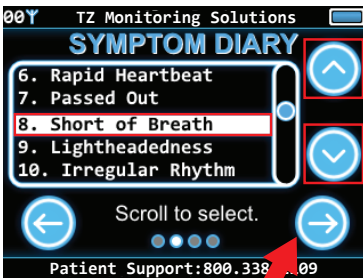


MARKING AN EVENT

The device's display will hibernate while inactive to preserve power. To wake the display, press and release the button beside the screen. From the Monitoring screen, tap the + button to open the onboard diary. Read all prompts closely, and use the right-facing arrow to proceed through the remaining prompts. Use the left-facing arrow to exit if the diary was opened in error.



From the Symptom screen, use the up and down arrows to navigate through available options. When the option that most closely matches the symptom you experienced is highlighted, tap the right-facing arrow again to select the option and proceed through the remaining prompts. Repeat this process from the Activity screen to select your activity level during the episode.



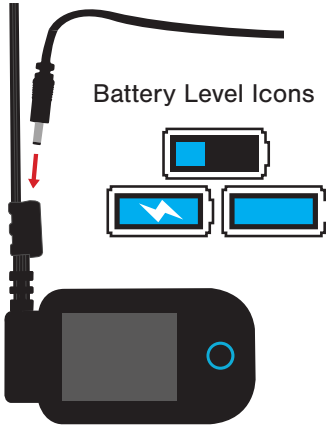
Once a Symptom and Activity are selected, review before pressing the + button to confirm the event. If you would like to edit the Symptom or Activity before confirming, tap the left-facing arrow to navigate to previous prompts.



CHARGING & NETWORK STATUS

CHARGING THE DEVICE

The device's current battery life is displayed in the upper-right corner of the monitoring screen. Charge your device daily for up to 1-hour to ensure continuous operation throughout the duration of your study.



Your kit includes a separate charging cable that inserts into the circular charging port built into the lead cable which allows you to charge the device without disconnecting it from your body. Connect the charging cable to a wall outlet and insert into the charging port to begin charging the device's battery.

Note: We recommend choosing a period of downtime and an outlet near an area where you can comfortably charge your device for up to 1 hour if charging while the device is connected. Alternatively, you may charge your device while disconnected for showering, bathing, etc., but please be sure to reconnect your device as soon as possible to return to active monitoring.

PENDING TRANSMISSIONS & CELL NETWORK STATUS

The total number of pending transmissions and the device's current cellular network status are displayed in the top-left corner of the screen. Your device is recording continuously while attached, and any data captured while not in sufficient cellular coverage will transmit automatically as soon as the device reaches an area of sufficient signal strength.



07- Horizontal blue bar beside the 2-digit transmission queue indicates that the cellular modem is searching for a network

07Y Blue cell tower icon indicates active network connection

07Y Red cell tower icon indicates an unsuccessful network connection attempt

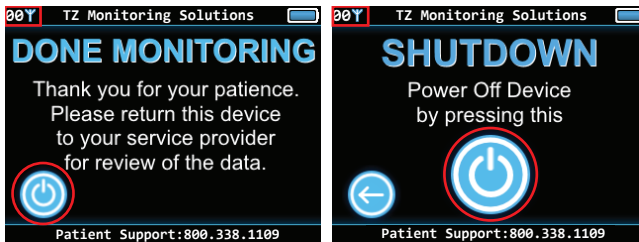
07 No network status icon indicates cellular modem sleep. The device will automatically attempt to connect and transmit shortly

END OF STUDY & DEVICE RETURN

END OF STUDY

Please ensure the pending transmissions queue has reached 00 before powering off the device using the power icon in the lower-left corner of the Done Monitoring screen. If pending transmissions are present, leave the device powered on until the queue reaches 00. If the pending transmission queue fails to reach 00 within 1 hour, contact customer support.

Confirm power off by tapping the power icon from the Shutdown screen, and return your device as soon as possible.



RETURNING YOUR MONITOR

To ensure your results are processed in a timely fashion, please return your monitor and charger (if provided) as soon as possible.

Once your study is complete...

- If you were instructed to return your device to your medical provider's facility, please return the device and any provided accessories as soon as possible.
- If you were instructed to mail back your device, please package your device and any accessories provided, and return the package using the prepaid United States Postal Service (USPS) shipping label located on the bottom of your equipment box.

The equipment provided for your diagnostic test is property of TZ Medical Monitoring Solutions, LLC. Failure to return your device and any provided accessories will result in replacement charges issued by either your medical provider or TZ Medical Monitoring Solutions.

CUSTOMER SUPPORT

For assistance with connection, operation, or return of your monitor, please call **800.338.1109**, and our team of customer service representatives will be happy to help!



TZ MEDICAL

MONITORING SOLUTIONS



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